

# KEESLER NEWS

Keesler Air Force Base  
Biloxi, Mississippi

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Thursday, May 5, 2005

The First Command ... recruiting, training and educating professional, expeditionary-minded Airmen to sustain the combat capability of America's Air Force



**Dragons deployed  
- 197**

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Keesler News on Web:  
<http://www.keesler.af.mil>

## Activities set for both Wingman Days

By Susan Griggs

Keesler News staff

Keesler is taking a two-pronged approach to Wingman Day, an Air Education and Training Command program geared toward helping Airmen take better care of themselves and each other.

The 81st Training Group holds its observance Friday, and the 81st Training Wing conducts its program Wednesday. Civilians are encouraged to participate.

Wingman Day places special emphasis on four health fronts: emotional, social, spiritual and physical.

"A problem in any one of these areas may mean the difference between life and death," noted Gen. Donald Cook, AETC commander.

A primary focus of the observance is the prevention of suicide, accidents and

self-destructive behavior. In fiscal 2004, 57 Airmen took their own lives and 99 died as a result of accidents.

With that goal in mind, Keesler's observances include an early launch of "Operation Summer Survival: Xtreme Challenge," AETC's version of the 101 Critical Days of Summer safety campaign.

The goal of the campaign is to have a fatality-free summer during the period between Memorial Day and Labor Day, when the Air Force historically sees a rise in accidental injuries and deaths among its members.

In AETC, the challenge "is to better our record from last year — from one fatal mishap to none, and to reduce our overall mishap rate below the Secretary of Defense's mandated 50-percent goal," said

Senior Master Sgt. Robbie Bogard, the command's ground safety superintendent.

Brig. Gen. William Lord, 81st TRW commander, kicks off the training group's Wingman Day, 9 a.m. Friday on the parade grounds behind the Levitow Training Support Facility. Guest speakers from across the wing address the four wellness areas to permanent party members and students.

After the briefings, participants return to their squadrons for a variety of Operation Safe Summer activities, small-group interactions and team-building opportunities.

Following an 8 a.m. Wednesday briefing for senior wing leadership, the wing devotes the rest of the day to similar programs within the 81st Mission Support

Please see **Wingman**, Page 9

## Runway reopens in June

## Taxiway undergoes first major renovation in 19 years



By Airman 1st Class  
Sarah Stegman

Keesler News staff

Keesler's runway has been under the knife since March 14 — its first major rehabilitation project since 1986.

Donald Ruth, the project's lead engineer at the 81st Civil Engineers Squadron, said the runway's surface condition and overall strength of pavement had become seriously degraded in the past several years.

"Surface defects contributed to increased hydroplaning potential, and subsurface drainage problems caused subsidence and loss of strength," he pointed out.

In addition to resurfacing, storm drains under the runway and about 260 feet of the surface are being completely reconstructed.

Photo by Kemberly Groue

Keesler's runway is receiving a \$2.8 million facelift and is expected to reopen June 10.

Please see **Runway**, Page 9

# COMMENTARY

## Taking time for yourself is important to stay focused

By Col. Leonard Jackson

81st Medical Support Squadron commander

Let's face the facts — the majority of us in today's Air Force, regardless of rank, are dealing with trying to do more in a given duty week than we should.

The war on terrorism has pushed our operations tempo to levels unheard of just a few years ago. It's not uncommon to see many of our people spending more time at work than at home with family or friends. The unfortunate result is an out-of-balance situation that eventually takes its toll, both emotionally and physically.

The boundary between work and home sometimes becomes blurred for us.

In the '60s and '70s, employees showed up for work Monday through Friday and worked about eight or nine hours. The boundary between work and home was relatively clear, but that has changed for many of us — even those in uniform.

### Blurred boundries

The Mayo Clinic has cited several reasons for the blurring boundary between work and home. The first is a general globalization of work. The Air Force is a truly global organization with responsibilities around the world 24 hours a day seven days a week.

Next are improvements in communication technology. Most people have cell phones or beepers. It's almost impossible to be away from work even if physically we aren't there.

The third factor is many of us are simply working longer hours than we were just a few years ago. In some cases it's necessary, but some workers trying hard to move up the promotion ladder find themselves working more than 40 hours to keep on top of things.

The last factor mentioned is changing family roles. Many of us, civilian or military, have found ourselves part of a dual-career couple which makes it difficult to spend time with children, friends or even each other.

Constantly working beyond our routine day brings chronic fatigue that can result in mistakes which, at a minimum, lead to decreased productivity or injuries.

Consequences are decreased time with the people that matter the most to us — our friends and family. Finally, the all-too-familiar "burnout" occurs, leading many people to question the very significance or relevance of their work lives.

### Work vs. home

It's a complicated formula, but there are some approaches to help keep our work and home lives in balance.

The first is a realistic assessment of how one's time is spent. Can you eliminate that task? Is it one that can be effectively delegated? Perhaps a good computer-based calendar can help eliminate that suspense deadline panic. Talk to your super-

visor — odds are he or she can help.

Also, start thinking about how you communicate with co-workers. You may be able to eliminate time-consuming misunderstandings by writing or speaking more clearly and developing better listening skills. It's no crime to take notes during a conversation or meeting if that helps.

If at all possible, set aside one night each week for recreation. Power down that computer and turn off the TV. Try to rediscover those activities enjoyed with friends, family or spouse such as playing a game or going for a leisurely walk. The point is to nurture important relationships which can be tough if you're on duty all the time.

Get enough sleep. There's nothing more stressful and potentially dangerous as working when you are sleep-deprived. In some cases, it's dangerous and productivity is affected because of mistakes. Of course, it now takes additional wasted time because mistakes must be corrected. Try to get at least seven hours of uninterrupted sleep every night.

What do you find yourself doing on your down Friday? It's important to try to protect your days off if you can. Try to schedule some of your routine chores on your workdays so your days off are more relaxing. Sometimes essential mission requirements fall on those days and must be dealt with, but the majority of time you're in the driver's seat.

### Take time off

One of the most important things you can do is to plan and take your 30 days of leave. It's a benefit that's granted to you for the sole purpose of relaxing and recharging those batteries so you can undertake your job with renewed enthusiasm.

It's highly encouraged to take leave in 10- to 14-day increments whenever possible, allowing yourself to completely unwind before returning to duty. Mission requirements could intervene and you could miss out on this vital down time. Plan ahead — you've earned it.

Everyone needs help from time to time in trying to find proper balance in this extremely busy Air Force of ours. If life feels too chaotic and you feel like you are quickly approaching burnout, seek out help from your family care provider or primary care manager. The health and wellness center has resources to help get back on track.

It's all about constantly juggling between duty commitments and making adequate quality time for ourselves. You simply can't give your maximum effort to this demanding pace unless you strike this important balance. It takes effort, communication with one's superiors and a realization that one can't burn the candle on both ends and still be an effective Air Force member. Make some time for yourself.

## ACTION LINE ... 377-4357

By Brig. Gen. William Lord

81st Training Wing commander

First, try to work concerns through the proper chain of command. When you've exhausted this recourse, turn to the commander's action line for assistance.

We welcome any suggestions to help make this a valuable and useful tool. You may call the commander's action line at 377-4357 or by writing to Commander's Action Line, 81 TRW/PA, Keesler AFB, MS 39534-2603, or e-mail 81 TRW Commander's Action Line (on-base) or commanders.line@keesler.af.mil (off-base). For a personal response, include your name, address and phone number.

Items of general interest may appear in this column.

### Superior service

**Comment** — I would like to commend Airman 1st Class Keishonda Signater at the visitor's center. During a recent visit to get passes for my guests, she went out of her way to assist us. She was extremely kind and very knowledgeable about the base and the various rules and regulations that applied to me and my guests. She truly epitomizes the core value of "excellence in all we do."

**Response** — Pass and registration is our most customer-oriented service area within the 81st Security Forces Squadron, and Airman Signater is certainly one of our best. Often facing overwhelming numbers of customers, she continually provides quality assistance.

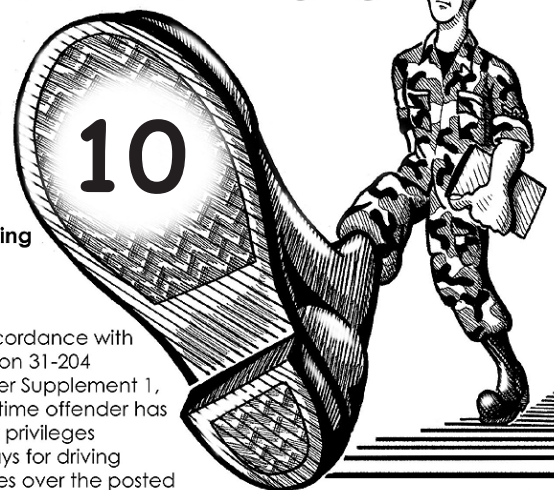
### Hung up at the gates

**Comment** — Why is there only one lane of traffic open during exercises? During a recent exercise, it took me 50 minutes to get from Highway 90 to the main gate.

**Response** — In accordance with Air Force policy and Air Education and Training Command directives concerning force protection, installation entry control points must be reduced to one lane and include barriers to mitigate high speed avenues of approach. This leaves no room for compromise and often creates significant delays during normal and peak traffic times. The traffic delays you faced that morning didn't correspond with any particular portion of the wing exercise. At your particular time of entry onto the installation, a total of four gates were open for inbound traffic.

## SHOE-LEATHER EXPRESS

The number of people who became members of the Shoe-leather Express last month for not adhering to Keesler's speeding policy.



The policy, in accordance with Air Force Instruction 31-204 and 31-204 Keesler Supplement 1, states that a first-time offender has their base driving privileges suspended 30 days for driving more than 10 miles over the posted base housing speed limit.

# TRAINING AND EDUCATION



Sergeant Ard



Sergeant Mann



Sergeant Mauro-Behrens

## CCAF graduates claim awards

By Susan Griggs

Keesler News staff

Nine Community College of the Air Force graduates received awards April 26.

Five \$500 Pitsenbarger Awards from the Aerospace Education Foundation and the Air Force Association were presented to:

**Staff Sgt. Anthony Ard**, 81st Medical Operations Squadron, a business major at Mississippi Gulf Coast Community College.

**Senior Airman Benjamin Johnson**, 366th Training Squadron at the Naval Construction Battalion Center in Gulfport, a criminal justice major at Park University.

**Staff Sgt. Philip Mann**, 335th TRS, a human resources management major at Bellevue University.

**Tech. Sgt. Tina Mauro-Behrens**, 81st MDOS, a student at Mississippi Gulf Coast Community College who begins the pre-nursing program at William Carey College this summer.

**Senior Airman Rachel Staub**, 81st Medical Support Squadron, is a student at MGCCC who plans to pursue a political science degree at the University of Southern Mississippi.

**Staff Sgt. Lance Davis**, 338th TRS, and **Tech. Sgt. Brian Yelton**, 81st Training Support Squadron, along with Airman Staub and Sergeants Ard and Mann, received Embry-Riddle Aeronautical University Excellence Awards of \$177 which can be applied



Airman Staub



Sergeant Yelton



Sergeant Rowe



Sergeant Sage

to tuition or book fees.

Sergeants Davis and Yelton are pursuing degrees in business administration with a concentration in information technology from Columbia Southern University.

**Tech. Sgt. Janet Rowe**, 334th TRS, received a \$150 book fee award from the Univer-

sity of Southern Mississippi, where she's pursuing a secondary education history degree.

**Staff Sgt. Breanna Sage**, 335th TRS, earned a \$100 scholarship from William Carey College. She's pursuing a bachelor's degree in accounting.

# TRAINING AND EDUCATION NOTES

## Drill downs, parades

The 81st Training Group's drill down competitions alternate with non-prior service student parades behind the Levitow Training Support Facility.

Student parades are 7 p.m. today, July 28 and Nov. 17. The September parade date hasn't been scheduled.

Drill downs are 7 a.m. Aug. 12 and Oct. 7. The annual championship is 8 a.m. Dec. 2.

For information on student parades, call Tech. Sgt. Charles Veillon, 377-2789. For information on drill downs, call Staff Sgt. Deanna Attaway, 377-2103.

## Summer school

Mississippi Gulf Coast Community College-Keesler Center offers a summer term May 31-August 12.

Pre-registration for currently enrolled students is now available on the Web site. Registration by appointment in Sablich Center, Room 221 begins May 16 for active-duty military.

Students who will take English composition I, oral communication or a mathematics class for the first time must have an assessment of skills.

For more information, call 377-2287.

## ACT deadline

The education office deadline to sign up for the July 11 ACT is May 26.

To sign up, visit Room 224, Sablich Center or call 377-2323 or 2171.

## Homosexual awareness

Homosexual awareness training is scheduled for 9 a.m. every other month in the Sablich Center auditorium.

The dates: June 23, Aug. 18, Oct. 20 and Dec. 15.

## Special programs

June 15 is the deadline for officers to apply for several competitive programs.

Programs include the Air Force Institute of Technology or Naval Postgraduate School master's and doctoral programs, Education With Industry, Space Lift Education and Crossover Program, Acquisition and Intelligence Experience Exchange Tour, Acquisition and Logistics Experience

Exchange Tour, Space and Missile Acquisition Exchange Program, Marine Corps Expeditionary Warfare School, Information Officer Engineering Exchange and the Instructor Candidate Board.

Programs provide developmental education and crossflow development assignments for officers in the eligible career fields.

For more information, call 2nd Lt. Hanna Chang, 377-7018.

## WIA grants

Military spouses and veterans are now eligible for dislocated worker training grants under the Workforce Investment Act.

Categories that fall under the WIA definition of dislocated worker are honorably discharged veterans (given priority over non-veterans), military spouses who make a permanent change of station with military member, spouses of military members who are honorably discharged and surviving spouses of veterans and military members.

For more information, call the family support center, 377-2179.

## Virtual education

The Air Force Virtual Education Center has been transferred to the Air Force Portal.

To access AFVEC, use the AFVEC URL, <https://afvec.langley.af.mil>, or go directly to the Air Force Portal, <https://www.my.af.mil/afvecprod>. Use your Air Force Portal user identification and password to log on.

First-time users are prompted to re-register some of their profile information and then are taken directly into their AFVEC profile.

For more information, call Joyce James, 377-7056.

## Civilian tuition aid

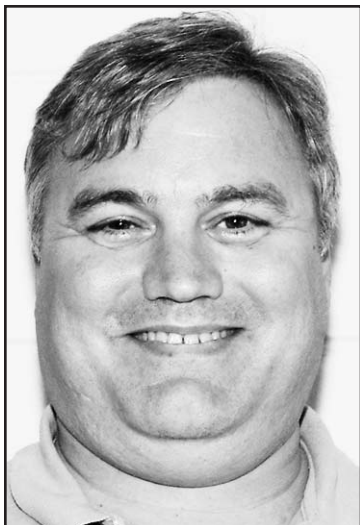
Civilian employees assigned to Keesler are eligible for college tuition assistance.

Courses must be Air Force mission or job related and taken through a regionally accredited college or university.

Required paperwork is available at the education office, Room 224, Sablich Center.

For more information, call 377-2323.

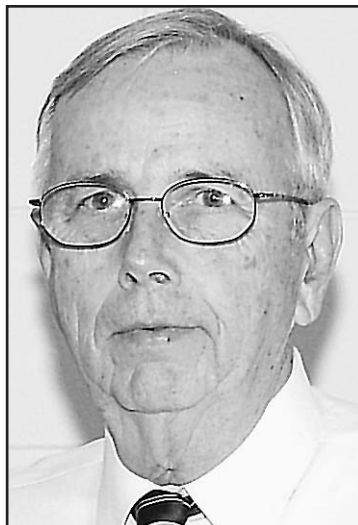
# NEWS AND FEATURES



Mr. Williams



Mrs. Lee



Mr. Lee

## Base salutes top volunteers

By Susan Griggs

Keesler News staff

Keesler volunteers took center stage April 28 during the annual volunteer recognition reception at marina park.

"Keesler personnel truly believe in the Air Force core values: integrity first, service before self and excellence in all we do," said Jackie Pope, volunteer resources coordinator.

"During 2004, our volunteers donated both their time and their money resulting in a positive impact on the environment, improved community quality of life and letting individuals know they are valued," she continued.

Ms. Pope said Keesler volunteers provided more than 380,000 hours of volunteer service to base and community events equating to \$6,532,200 based on the independent sector's dollar value of \$17.19 per hour. In addition, during the 2004 Combined Federal Campaign, members donated nearly \$300,000 to countless local and national agencies.

Three volunteers — Jordan Williams and retired Col. Jerry Lee and his wife, Jeri — were honored with the Air Force Chief of Staff's Volunteer Excellence Award which recognizes individual federal civilians, family members, and military and federal retirees who perform outstanding volunteer community service of a sus-

tained and direct nature.

Mr. Williams, 332nd Training Squadron, serves as a volunteer battalion fire chief for West Jackson County. He's donated more than 5,000 hours of volunteer time since 1994 supervising 40 firemen in three locations and answering calls for fire and search and rescue services. He also established fire prevention education programs at two elementary schools, and wrote a federal grant for equipment upgrades.

The Lees serve with their church's mission to support military personnel. They volunteer each week at the medical center and several chapel programs. The couple works with the family support center's quarterly Heart Link program, speaks at family readiness programs and conducts couples communication and marriage enrichment classes.

Two enlisted members, Tech. Sgt. Lisa Lassiter and Senior Master Sgt. Alan Chereskin, are nominees for the National Military Family Association's Very Important Patriot award.

Winners are announced in June.

Sergeant Lassiter, 336th TRS, is a Girl Scout leader and volunteers with the American Red Cross and American Heart Association.

Sergeant Chereskin, 81st

Medical Operations Squadron, volunteered more than 2,000 hours as a crisis intervention and referral counselor with the Mississippi Gulf Coast Help Line. He's been involved in the 81st Training Wing's safety check program and Retiree Appreciation Day and judged a national Junior ROTC drill.

Two base organizations were recognized for significant volunteer participation — the medical center volunteers and the retiree affairs office.

The medical center's 96 volunteers, headed by Emily Shelton, contributed 41,441 hours during 2004 in more than 30 clinics.

The retiree affairs office in Sablich Center, directed by retired Chief Master Sgt. Lonnie Arnold, keeps retired service members and their families informed about benefits, entitlements and other issues.

Volunteers from the family support center and Keesler Thrift Shop were also honored, along with 2004 winners of Angel Awards, Keesler's top base-level volunteer recognition.

Keesler was honored April 20 in Jackson with the 2005 Mississippi Governor's Initiative for Volunteer Excellence Award for Community Partnership to acknowledge the base's longtime record for outstanding volunteerism.

## IN THE NEWS

### Retiree Appreciation Day May 13

Keesler's annual Retiree Appreciation Day is May 13.

The event includes breakfast with trainees, health and information booths, speakers, front-of-the-line service at various base offices, a barbecue, free boat rides and sales at the base exchange and commissary.

For more information, call the retiree activities office, 377-3871.

### Case lot sale

The Keesler Commissary plans a case lot sale, 9 a.m. to 5 p.m. May 13-14.

Some of the items offered are paper products, canned goods, assorted drinks, pet foods, cleaning products, snack items, baking goods and cereal.

### Parking lot closed

May 17, the parking lot on the southeast side of the Keesler NCO Academy is closed for drill evaluations.

For more information, call Master Sgt. Frank Dominguez, 377-2750.

### Special Olympics torch run

At 12:30 p.m. May 20, Mississippi law enforcers pass the Special Olympics torch to Keesler leadership and security forces at the White Avenue Gate.

The base route runs along Meadows Drive, Larcher Boulevard, Hangar Road and Phantom Street to the Fishbowl, parade grounds and Welch Auditorium. The torch is brought into the opening ceremonies that night by law enforcement representatives and athletes.

### Driving in floodwaters costly

Legal office

Driving on flooded streets can be costly as well as dangerous, because the Personnel Claims Act prohibits payment for vehicle damages if the claimant was even partly at fault, according to Brent Richardson, legal office claims division chief.

Members should check weather reports before leaving home, drive slowly in rainy weather and avoid flooded streets that can stall the car or disable the brakes and power steering. Motorists should wait in an elevated area until streets clear.

Driver negligence is presumed in any single vehicle accident or incident unless the vehicle was parked in a safe place. This doesn't apply to private insurance collision or comprehensive coverage. Since comprehensive coverage applies to flood damages, vehicle owners should make sure they have adequate coverage.

A maximum of \$3,000 is payable to military members whose vehicles are damaged while properly located at assigned quarters or other authorized places. Claims of civilian employees are paid only if flood damage occurred while their vehicle was parked at their place of duty.

For legal assistance, call 377-3510.

### Early deadline for Keesler News

The deadline for the June 2 issue of the Keesler News is noon May 26, four days earlier than usual, because of the Memorial Day federal holiday, May 30.

The newspaper office is closed May 30 in observance of the holiday.

# Wingman,

from Page 1

Group and 81st Medical Group.

The military personnel flight's customer service section in Sablich Center is closed, and limited service is available at Keesler Medical Center on Wednesday so staffs can participate in Wingman Day events. Clinics will have minimal manning for urgent issues, and only acute care will be available throughout the day. Emergency medical care will be available.

Several base organizations are planning competitive events to bolster camaraderie among team members:

**Golf skills** — 12:15 p.m. registration. \$5. Contest includes longest drive, chipping, putting and closest to the line. For more information, call Master Sgt. Patrick McCarn, 377-3096. Sponsored by Air Force Sergeants Association.

**Bowling** — noon to 4 p.m., Gaude Lanes. \$20 per two-person team, nine-pin format. See your first sergeant to sign up. Sponsored by Keesler First Sergeants Council.

**One-pitch softball tourna-**

**ment** — noon, Triangle fields. \$50 entry fee; single elimination. For more information, call Senior Master Sgt. Jim Schmitt, 377-5989. Sponsored by Keesler Chiefs Group.

**Dodge ball tournament** — noon, Dragon Fitness Center. \$18 entry fee for six-person team. For more information, call Tech. Sgt. Calvin Baumann, 377-5824, or Airman 1st Class Jessica Childs, 377-1876. Sponsored by Rising VI.

**Fishing tournament** — noon to 3 p.m., marina. \$20 registration for two-person team; equipment included, but participants who don't have a state fishing license must purchase one for \$5.85. For more information, call 2nd Lt. Shauna Crookshank, 377-4588. Sponsored by the company grade officers council.

Table games are available at the Keesler Community Center, and other activities are planned at the chapels, McBride Library, the health and wellness center, fitness centers and Army and Air Force Exchange Service facilities.

# Runway,

from Page 1

"We are also repairing the concrete ends and replacing all the joint seals," Mr. Ruth said.

In the past, surface defects were patched as they developed. Several attempts to correct subsurface problems with slip lining, pressure grout and other sealing methods were tried with different degrees of success.

"Eventually, the loss of soil stability led to the decision to replace the drainage," Mr. Ruth explained.

CivilTec crews from Valdosta, Ga., are responsible for the current upgrade of the runway. Last summer, the contractors reconstructed the backline taxiway and Taxiway 1.

The \$2.8 million project is funded by Air Education and Training Command.

The deadline to have the runway open is June 10, Mr. Ruth said. "However, the contractor has about ten days of weather delay and can claim without penalty if the deadline can't be met."

Grooving of the pavement will be done at night after the runway is open.

According to Capt. Greg McCampbell, 81st Operations Support Flight, the closure has only affected the location of the sorties, not how many.

The 45th Airlift Squadron and 403rd Wing have relocated aircraft and equipment in order to conduct normal operations while the runway is closed.

The 45th AS has deployed five C-21s to the Gulfport Combat Readiness Training Center.

"The 403rd Wing is also using Gulfport's CRTC as its main operating base during the closure, with six C-130Js repositioned there," Capt. McCampbell said.

The 403rd Wing's WC-130H models are phasing out for the new WC-130J models during this time.

Eight aircraft have been moved to Little Rock Air Force Base, Ark., two are at Edwards AFB, Calif., and eight are at Maxwell AFB, Ala.

Keesler telephone directories

are available online at

<https://www.mil.keesler.af.mil>

Click on "phone directory" to

bring up a quick reference.

For an organizational listing,

click on "listing"

then "organizational."

For more information,

call public affairs, 377-2783.



Photo by Kemberly Groue

**More than 90 percent of ocular foreign bodies can be prevented by wearing glasses while deployed.**

## Contact wear discouraged in deployed atmospheres

**By Airman 1st Class  
Eydie Sakura**

**52nd Fighter Wing Public Affairs**  
SPANGDAHLEM AIR  
BASE, Germany — Blowing sand, smoke and fine dust particles are an eyeball's worst nightmare. Now imagine holding up your unit because you have "something in your eye."

This type of scenario is exactly what optometrists said they fear most when Airmen wear contact lenses instead of their glasses while working in a deployed environment.

People who require medical equipment, like corrective eyewear, must deploy with all required items in their possession, including two pairs of eyeglasses, if needed, and protective mask eyeglass inserts, according to U.S. Central Command guidance issued in January.

This guidance resulted from lessons learned from recent conflicts and joint missions, officials said.

"If the Army, Navy and Marines can't deploy with contact lenses and must wear their glasses, then the Air Force should follow suit when deploying," said Maj. Robert Kesead, 52nd Aerospace Medicine Squadron optometry flight commander.

"As of right now, if Airmen want to wear their contacts while they're (deployed), they have to get preapproval from their (deployed) commander."

Contact lenses are time consuming to take care of, and they have become an operational safety issue as

well, officials said.

"It was discovered that 90 percent of ocular foreign bodies were preventable just by wearing glasses," said Capt. Jeff Autrey, 52nd AMDS optometry clinical services chief. "Many man hours were lost (because of) troops with nonbattle injuries (from) problems with contact lenses and having 'something in your eye.'"

People deploying must contend with field conditions that may not allow for proper contact lens hygiene, and poor hygiene leads to an increase in eye abrasions, infections and ulcers, officials said.

"The 'unclean' environment and extended hours of continuous operations lead to people over-wearing the contacts," Captain Autrey said. "Continuous wearing of lenses without removal may cause inflammation, infection and permanent loss of vision."

Such side effects include sensitivity to light, tearing, burning and scratching. To reduce these symptoms, Airmen who normally wear contact lenses can wear their civilian or everyday prescription glasses while deployed, but must also have at least one pair of the brown plastic military-issued glasses.

"We make it mandatory for deploying Airmen to bring their military-issued glasses as well as their everyday glasses," the captain said. "If both pairs of glasses became nonoperational, the brown plastic glasses are the only glasses that can be repaired (while deployed)."

# Spring brings weather threats to south Mississippi

By Susan Griggs

Keesler News staff

Severe weather is synonymous with springtime in south Mississippi.

Just over a month ago, nearly 11 inches of rain fell on Keesler in a 21-hour period, flooding highways and streets in the immediate area, stranding many motorists and causing more than \$200,000 in damages to the base.

Along the Mississippi Gulf Coast, abundant moisture from the Gulf of Mexico leads to torrential rainfall, flooding, dangerous thunderstorms and deadly tornadoes.

## Tornadoes

Mississippi has an average of 24 tornadoes and seven related deaths each year, according to the National Weather Service. Fortunately, although severe thunderstorms can produce high winds and hail, only about 1 in 100 produces tornadoes.

About a thousand tornadoes touch down across the United States each year. Several other states have a higher number of tornadoes annually, but the weather service points out that Mississippi has a higher percentage of strong or violent tornadoes.

Also, tornadoes aren't as easily spotted here as they are in the Midwest, where flat land and fewer trees make the funnel clouds visible from a greater distance.

Tornadoes have occurred in every month of the year, but are more frequent from February through May and November. They can occur at any hour of the day or night, but are most frequent in the late afternoon or early evening when the earth's surface heat is highest.

When a tornado watch is issued, it means weather conditions may cause a tornado to develop.

When a tornado is either detected by radar or sighted by spotters, a tornado warning is issued.

The Federal Emergency Management Agency warns that when a tornado is coming, there's little time to make life-or-death decisions. Advance planning and quick response are the keys to survival.

To prepare for a possible tornado:

**Put** as many walls and floors as possible between you and the tornado. Coastal Mississippi doesn't have basements or cellars for shelter, so find a small interior room on the lowest floor of the building you're in, such as a closet, hallway or bathroom.

**Take shelter** under a sturdy desk, table or stairwell. Lie low and protect your head with a blanket, coat, chair or your hands.

**Have** a battery-powered radio or



Courtesy photo

## Tornadoes and thunderstorms are more common in the spring.

television and tune it to a station that provides current weather information.

**Keep** disaster supplies on hand, such as a flashlight and extra batteries, first aid kit and manual, emergency food and water, non-electric can opener, essential medicines, sturdy shoes and cash and credit cards.

**Mobile homes** are particularly vulnerable to tornadoes. They can overturn easily, even if precautions have been taken to anchor the unit. Take shelter in a building with a strong foundation or lie in ditch or low-lying area a safe distance away from the unit.

**Never** try to outrun a tornado in a car or truck. Tornadoes can change direction quickly and can lift a vehicle and toss it through the air.

## Flooding

Except for heat-related fatalities, more deaths occur from flooding than any other weather hazard, because most people don't realize the power of water. Even six inches of fast-moving flood water can knock you off your feet.

Nearly half of all flash-flood fatalities occur as vehicles are swept downstream. Many of these drownings are preventable, but some people try to drive around warning barriers.

While the number of fatalities can vary greatly with weather conditions from year to year, the National Weather Service's 30-year average for flood deaths is 127. That compares with a 30-year average of 73 deaths for lightning, 68 for tornadoes and 16 for hurricanes.

Most flash floods are caused by slow-moving thunderstorms that move repeatedly over the same area or heavy rains from tropical storms and hurricanes. These floods can develop within minutes or hours depending on the intensity and dura-

tion of the rain, the topography, soil conditions and ground cover.

If flooding occurs:

**Monitor** news sources for weather information.

**Move** to higher ground. Avoid dips, ditches and low-lying areas.

**Avoid** already flooded and high velocity flow areas. Don't try to cross flowing streams. If water rises above your knee, turn around.

**Be aware** that roadbeds may not be intact under flood waters.

**If your vehicle** stalls, leave it immediately and seek higher ground. Rapidly rising water may engulf the vehicle and sweep you away.

**Don't** camp or park your vehicle along streams during threatening conditions.

**Be cautious** at night when it's harder to recognize flood dangers.

## Lightning

Lightning is an underrated killer, since more people die from lightning than all the hurricanes and tornadoes combined across the country each year.

Lightning may strike people directly or can trigger deadly fires. It can strike several miles away from a thunderstorm and can pose a threat even if it's not raining.

Lightning normally strikes the highest object in the area and is attracted to metal, a good conductor of electricity.

To avoid lightning dangers:

**If you're outside**, get inside a building or inside an all-metal vehicle, not a convertible.

**Don't** use telephones or other electronic equipment except in emergencies.

**Don't** stand beneath a tall isolated tree, or in an open area.

**Avoid** projecting above the sur-

## Tornado siren

A 3-5 minute steady siren on the base "giant voice" system signals a tornado warning.

When you hear the warning, seek shelter immediately and remain in place until the "all clear" signal is given.

April 26, when a tornado warning sounded on base, many people were unaware what it meant.

"We need to get the word out — people need to be taking cover instead of calling the security forces control center to ask why the siren is going off," said Lt. Col. Dean Cusanek. "I stood there and watched my folks answer no less than 40 phone calls."

rounding landscape, as on a hilltop, an open field, on the beach or fishing from a boat.

**Get away** from open water, bicycles, motorcycles and golf carts.

Put down golf clubs and stay away from wire fences, clotheslines, metal pipes, rails or other metallic paths which can carry lightning.

If you're isolated on a level field and feel your hair stand on end, lightning is about to strike. Drop to your knees and bend forward putting your hands on your knees, but don't lie flat on the ground.

## Wind, hail

Thunderstorms can also produce downdrafts with winds of up to 60 mph. The rapid increase in wind speed can produce more damage than a sustained 60 mph wind.

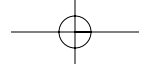
In Mississippi, the frequency of downburst winds makes it important that severe thunderstorms be taken seriously.

Strong thunderstorms can also produce hailstones of about one inch in diameter. Some may be the size of golf balls or baseballs, which cause substantial damage.

Just like tornado watches and warnings, watches and warnings are issued for areas threatened by severe thunderstorms.

If a severe thunderstorm watch is issued, conditions are favorable for severe thunderstorms to develop in or close to the watch area. Be ready to seek shelter.

A warning is issued if a severe thunderstorm is indicated by radar or reported by a reliable source. Move to a safe place immediately and stay away from windows.



# Military women's advisory panel proposes changes

By Gerry Gilmore

American Forces Press Service

WASHINGTON — A military women's advisory panel recommends the armed forces discontinue the practice of simultaneously deploying both military parents of minor children.

That's among several proposed changes the Defense Advisory Committee on Women in the Armed Services cited in its 2004 report.

"Our recommendations are intended to improve the military lives of service members and their families and to ensure they believe their sacrifice is worthwhile and appreciated," committee officials said.

Recommendations include:

**Developing** sabbatical programs and allowing military families the option of remaining at assigned installations during critical family events.

**Evaluating** how military training affects single parents and encouraging military leaders to support family-readiness programs.

**Implementing** a new definition of sexual assault into the Uniform Code of Military Justice for consistent reference in training and information collection, and by military law enforcement agencies.

**Ensuring** the official definition of what constitutes sexual assault within the military establishes a clear legal standard distinct from other sex-related offenses.

The committee also recommended the military assess the effectiveness of Web-based family support programs such as Military One Source.

The committee didn't specifically address recruitment issues, but said retention, deployment and sexual assault concerns could affect recruitment.

Committee members visited 14 military bases, conducting 70 focus groups consisting of service members and spouses.

The 13-person committee advises senior DOD leaders on issues and policies related to the recruitment and retention, treatment, employment, integration and well-being of women in the armed forces.

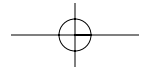




Photo by Scott Corey

Capt. (Dr.) Cathy McElveen, a pediatrician with the 81st Medical Operations Squadron, plans to attend the NICU reunion with her triplets – from left, Dahlia, Catherine and Corinne Del Castillo. Dahlia and Catherine are identical and Corinne is fraternal. The triplets were only 9 months old in the photograph, but they're 15 months old now and "getting into everything," according to mom. They stayed five weeks in the NICU where they had "stellar care," the captain said. The triplets' dad is Dr. Alan Del Castillo, a Gulfport family practice physician.

## 1st preemies reunion set at medical center

### 81st Medical Group Public Affairs

Keesler Medical Center's Pediatric Department hosts its first neonatal intensive care unit reunion, "A Celebration of Life," 9:30-11 a.m. May 19 in the medical center's Don Wylie auditorium.

All former NICU babies, their parents and siblings are invited. The occasion is also an opportunity to honor the NICU nurses. Those attending are asked to bring baby clothes to be donated to the Gulf Coast Women's Shelter for Nonviolence.

Activities include a storybook corner, face painting, coloring table and tables representing organizations such as the March of Dimes. Refreshments are provided.

For more information, call Col. (Dr.) Ann Farash, 377-6768, or Maj. (Dr.) Yvonne Wong, 377-6229, or e-mail ann.farash@keesler.af.mil or yvonne.wong@keesler.af.mil.

**A 3 - 5 minute steady tone  
on the base siren is a  
TORNADO WARNING —  
take cover.**

# Medical staff presents research at symposium

By Lt. Col. Linda Steel-Goodwin

## 81st Medical Support Squadron

Keesler Medical Center's first Military Medical Research Compliance Symposium was held April 14.

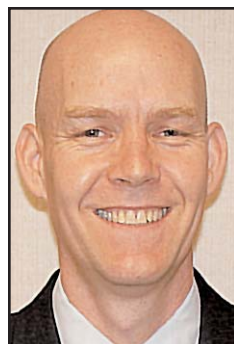
The 81st Medical Support Squadron Clinical Research Laboratory sponsored the symposium, with 81st Medical Group members invited to present their research.

These personnel have 179 open research protocols approved through the institutional review board chaired by Maj. (Dr.) Jonathan Buttram, 81st Medical Operation Squadron, and 10 research and training protocols approved through the institutional animal care and use committee chaired by Dr. Alvin Cotlar, 81st MDSS.

Project coordinator for the symposium was Capt. Katrina Ghazanfar, chief of the CRL's analytical laboratory.

The guest speaker, Dr. Keith Murphy, is professor of veterinary genetics, pathobiology and biotechnology in the College of Veterinary Medicine at Texas A&M University.

Dr. Murphy is collaborating with Capt. Gabrielle Intano, 81st Medical Operations Squadron



Major Craig



Captain Dunn



Captain Allen

genetics laboratory chief, and Captain Ghazanfar on two IACUC-approved genetics protocols.

The three top researchers recognized by a panel of judges and their research projects were:

**Maj. John Craig**, 81st Surgical Operations Squadron, Pollution of Ambient Air by Volatile Anesthetics: A Comparison of Four Anesthetic Management Techniques.

**Col. (Dr.) William Dunn**, 81st Dental Squadron, Shear Bond Strength of an Amorphous Calcium Phosphate-Containing Orthodontic Resin Cement.

**Capt. (Dr.) Andrew Allen**, 81st MSGS, Identification of Risk Factors for Postpartum Hemorrhage in a Military

Population.

Winners received an 81st MDG coin from Brig. Gen. David Young III, commander, along with grants to be used for travel and temporary duty for continuing professional education or research presentations.

Contributing to the success of the symposium were biostatistician Walt Brehm, CRL statistician; Chaplain (Maj.) Kalman Dubov, a certified IRB professional, and Army Maj. (Dr.) Joseph Harre, CRL veterinarian.

The symposium was sponsored by the Air Force Medical Service Modernization Program which funds clinical research support.

## Lab upgrade includes robotics

By Steve Pivnick

## 81st Medical Group Public Affairs

Last month, Keesler Medical Center marked another milestone as a pacesetter in using leading-edge technology to provide the best possible care to its beneficiaries.

In a first for the Department of Defense, the 81st Medical Support Squadron Pathology and Clinical Laboratory Flight officially opened the world's first joint venture Dade-Behring/Diagnostic Products Corp. fully-automated chemistry and immunochemistry platform.

Col. William Huff, flight commander, said this is the first-ever joint venture between these vendors.

The flight is demonstrating the value of laboratory robotics by consolidating multiple testing platforms, streamlining processes and increasing patient and employee safety.

"Positive barcode identification, enhanced

surge capacity and robotic specimen handling yield new efficiencies in laboratory medicine," Colonel Huff explained.

The StreamLAB® robot minimizes handling of specimens by laboratory technicians, enhances process efficiency by 80 percent and improves specimen turnaround time by 50 percent.

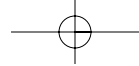
Robotic system use is expected to save almost \$90,000 a year in reagent supplies. Keesler's laboratory completes 1.2 million procedures annually.

The project, begun in June 2003, was completed in February.

Dade Behring Inc., is headquartered in Deerfield, Ill., and Diagnostic Products Corp. in Los Angeles.

Colonel Huff views such cooperation between contractors as fairly uncommon.

"Most companies interact via mergers and buy-outs," he said.



# HOUSING NOTES

**Editor's note:** The following information is provided for residents of base housing areas by the 81st Civil Engineer and 81st Security Forces squadrons.

**Self-help store** — open 8:30 a.m. to 5:15 p.m. Monday-Thursday, 8:30 a.m. to 5 p.m. Fridays, closed Saturday and Sunday. For more information, call 377-5397.

**Carbon monoxide detectors** — occupants are required to report to the self-help store to sign for carbon monoxide detectors for their units, unless they already have permanently-installed detectors. One is required for single-level units and two for two-story units. These are plug-in type detectors and mounting instructions are provided on request. For more information, call 377-0668.

**Garbage pick-up schedule** — Monday and Thursday, East and West Falcon, Thrower and Oak Park; Tuesday and Friday, Maltby Hall, Bay Ridge, Shadowlawn, Pinehaven and Harrison Court. Composting and recyclable materials are picked up the first day of the week. For more information, call 377-5822 or 2865.

**Remote assignments** — retention of family housing is not automatic for sponsors who receive orders to a dependent-restricted (remote) location. A written request to the housing office, with orders attached, directing dependents to remain in their quarters is required. If approved, housing must be terminated within 60 days of sponsor's return from the overseas location.

**Retention** — under certain conditions, sponsors are permitted to retain housing at Keesler past a permanent change of station, separation or retirement date. In most cases of separation or retirement, a hardship condition must exist. A written request is required, with justification, to housing. Dependents are not permitted to remain in housing without the sponsor after the member separates or retires. A rental fee equal to the basic allowance for housing must be paid prior to the separation or retirement date.

**Grounds** — inspections are year-round. Residents are responsible for maintaining their grounds out to the middle of the street, including reserved parking spaces (neighbors share taking care of open parking spaces).

**Weekly yard inspections** — look for various discrepancies. Mowing and edging are necessary for many yards because of the recent warm weather. Leaves must be raked and bagged. Trimming and pruning should be done. By mid-March or early April, all shrubs should be trimmed so they can be maintained during the summer months.

**Carports and porches** — should be neat. Although storage is limited, these areas should not be cluttered.

**Yard sales** — residents must use authorized signs provided by the self-help store on a first-come, first served basis. Three signs may be issued to a single household and must be signed out by the occupant or a family member with a military identification card. Signs may be kept no longer than two duty days, weekends excepted. Two magnetic arrows may be issued with each sign to direct persons to the sale. No

other text is allowed on the sign. If you want to post a sign in someone else's yard, you must get their permission. Signs are to be used only for yard, carport, garage or similar sales at Keesler. Occupants are responsible for signs and pay if signs are lost or destroyed. For more information, call 377-0666.

**Pets** — people who have four recorded and verified pet violations receive eviction letters. Pets are prohibited in the vicinity of ceremonies, athletic events, places of public assembly and public buildings. For more information, see the base housing brochure or call 377-9465 or 3969.

**Moves** — Military members or their spouses are required to provide the housing office 40 days advance notice of intent to vacate, with exception of short-notice permanent change-of-station moves. Spouse must have a signed letter authorizing them to do so. A power of attorney is acceptable for any other person to give notice. The housing office then schedules first and final inspections. For more information, call 377-0668.

**Trash carts** — are to be returned to their enclosures promptly after emptied by the contractor.

**Flags** — Stars and Stripes are provided to all residents. Flying flags is optional. Those who fly flags are expected to do so properly. Although some flags other than Stars and Stripes may also be displayed, the Confederate battle flag is not one of them. For more information or to replace torn or worn flags, call housing maintenance, 374-0003.

**Recreational vehicle storage** — fenced and paved area is available in Thrower Park. Apply at the outdoor recreation office at the marina or call 377-0002.

**Siding hangers** — use of nails in new vinyl siding is prohibited. Approved hangers are available through the self-help store.

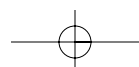
**Parking** — allowed in unmarked spaces on streets as long as other vehicles aren't impeded. An exception is cul-de-sacs, where on-street parking is not allowed.

**Pest control** — failure to make an effort to rid units of pests or seek assistance from the 81st CES may cause residents to be held liable for damages. Roach bait, mouse traps, insect spray and other pest control items are available at the self-help store. For assistance, call 377-2236.

**Door keys** — lost or stolen keys are replaced at residents' expense unless the circumstances were beyond their control. Those who replace keys are required to furnish a copy to the housing office and 81st CES energy management and control system desk.

**Security, care** — arrangements for security, care and inspection of units when residents are absent for more than seven days include written notice to the housing office and the name and phone number of the person designated to perform maintenance. For checks by security forces patrols, call 377-3040.

**Sheds** — no larger than 12x12 feet; metal construction, with floor and anchored; approved Air Force Form 332 on file with housing office. For more information, call 377-9465.



# KEESLER NOTES

## National Prayer Day

The National Day of Prayer is observed at 10:30 a.m. today at Larcher Chapel, followed by refreshment fellowship.

Base chapels are open during the day for prayer.

## Minimal manning

The 81st Supply Squadron will be minimum manned beginning 11 a.m. today for an official function.

For assistance, call customer service, 377-2005.

## Mother's Day

All ranks are invited to the Keesler Club for Mother's Day brunch Sunday. Seatings are at 10 a.m., noon and 2 p.m.

The cost is \$13.95 for club members, \$16.95 for nonmembers, \$6.95 for ages 6-12, and free for ages 5 and younger.

Each mom receives a flower and is eligible for door prizes.

For reservations, call 377-2719.

## Christian concert

A free Christian concert fea-

turing the Pool Boys is hosted by the Fishbowl, 4 p.m. Sunday on the parade grounds behind the Levitow Training Support Facility.

For more information, call 377-2331.

## KOSC luncheon

"Bloom Where You're Planted" is the theme for the Keesler Officers Spouses Club luncheon, 11 a.m. Tuesday at the Keesler Club.

The program includes Susan Hunt from the Biloxi Chamber of Commerce speaking on summer activities in the area and installation of the 2005-06 board of directors.

The meal, \$10 for members and \$12 for nonmembers, is a Mediterranean buffet.

For reservations, call Amy Buckles, 313-0764, by noon Friday.

## Customer service

The customer service section of the military personnel flight is closed Wednesday for Wingman Day-Safety Day.

For more information, call

Master Sgt. Melvin Edwards, 377-3202.

## Texas Hold 'Em

The next round of Texas Hold 'Em is 7 p.m. May 13 at the Keesler Community Center.

Practice round begins at 6 p.m.

The top eight players from each round secure their spot in the championship round May 19. The grand prize is a seven-night, eight-day Armed Forces Vacation Club trip and a \$100 gas card.

To register, call 377-8313, or e-mail keeslerpoker@mail.com.

## Kids on the Move

Kids on the Move, a program for children whose families are moving to new assignments, is 6-7 p.m. May 26, July 28, Sept. 22 and Nov. 17 at the youth activities center.

The program is sponsored by the family support center and youth activities center.

To preregister, call 377-2179.

## Airman's Attic

Airman's Attic, 800/802

Rodenberg Avenue in Bay Ridge housing area accepts furniture, appliances, area rugs and carpets, cutlery, dishware, maternity clothing and infant clothing.

All items must be clean, serviceable and ready for immediate use.

Airmen basic through senior are authorized to use the attic. Staff and technical sergeants can use items from the attic with an approval letter from their first sergeant.

The attic is open 3-6 p.m. Fridays.

For more information, call 257-9586. If donating large items, call 229-0562.

## Penny rush

The Rising VI is conducting its second annual Penny Rush to benefit Fisher House.

Last year, with the assistance of the Air Force Sergeants Association Chapter 652, \$8,000 was collected.

Volunteers are needed to collect donations. The drive ends the first week of June.

For more information, call Senior Airman Nathan Peterson, 377-2256.

## MPF hours

Hours for relocations, retirements and separations at the military personnel flight:

**Appointments only** — 8 a.m. to noon Mondays-working Fridays.

**Walk-ins** — noon to 4 p.m. Mondays-working Fridays.

For more information, call Senior Master Sgt. Shirley Bailey, 377-2244.

## Switchboard service

The 81st Communications Squadron evaluates the quality of service provided by the base telephone switchboard.

Complaints or comments about the switchboard should be based on operator response time, type of assistance, courtesy, accuracy and speed.

Customer complaint records are available by e-mailing thomas.favalora@keesler.af.mil or calling 377-4778.

# SPORTS AND RECREATION



Photo by Kemberly Groue

A player at Friday's Texas Hold 'Em competition checks his hand before bidding.

## Texas Hold 'Em

### 1 round left until May 19 grand finale

By Airman 1st Class  
Sarah Stegman

Keesler News staff

Chances to claim spots in the Texas Hold 'Em grand finale are coming to a close.

The last qualifying round before the final battle is May 13, and only eight seats remain unfilled.

The top player from Friday's event was Michael Freling. Randy Harden, 2nd Aircraft Maintenance Squadron, Barksdale Air Force Base, La., placed second and Oscar Grisson, 81st Medical Operations Squadron, rounded out the top three.

The other spots went to Joseph Knause, 81st Surgical Operations Squadron; Scott Hartman, Keesler's Marine Corps Detachment; Ashlee Swann, 81st Aerospace Medicine Squadron; Brixie Bernard,



Freling



Harden

and Philip Maningat Jr.

The tournament's grand prize is a seven-night, eight-day Armed Forces Vacation Club trip, a \$100 gas card and bragging rights as Keesler's top Texas Hold 'Em player.

Practice begins at 6 p.m. and regulation plays starts at 7.

The cost is \$4 for club members and \$7 for nonmembers.

To register early, call 377-8313, or e-mail keeslerpoker@mail.com.

## Keesler celebrates fitness

May's Fitness Month events include an essay contest for children ages 6-17. The theme of the essay should reflect how fitness has changed their life. For more information, call 377-4385.

Other base events are:

**America's kids run for ages 5-13** — 10 a.m. May 14, Crotwell Track; \$5 entry fee.

**Wacky family fun** — 10:30 a.m. to noon May 14, Crotwell Track; games, prizes, refreshments.

**Running clinic** — 11 a.m. or 4 p.m. May 18, Crotwell Track.

**Strive total body challenge** — 11 a.m. to 2 p.m. May 25. Sign up at Blake Fitness Center on a walk-in basis on the day of the event.



## SCORES AND MORE

### Bowling

**Editor's note:** For more information, call Gaudé Lanes, 377-2817.

**Summer leagues** — registrations accepted for Monday League, Thursday morning seniors, Friday mixed, Sunday Incredibles have-ball and base intramurals.

**Retiree Day special** — May 13. Retirees bowl for \$1 per game with free shoe rental receive a 75 cent discount on the daily lunch special, and have their bowling ball cleaned free from 10:30 a.m. to 3 p.m.

**Birthday parties** — 2-6 p.m. Saturdays. Reservations required. For more information, call 377-2817.

**Family day** — noon to 6 p.m. Sundays. Parents pay to bowl, their children bowl the same game free.

**Hurricane Alley glow-in-the-dark bowling** — 9 p.m. to 1 a.m. Fridays and Saturdays.

**Youth special** — ages 17 and younger bowl for \$1 a game anytime except during Hurricane Alley.

**Non-prior service students** — show your UBU card and receive a discount for open bowling and Hurricane Alley.

**Play and save cards** — bowl 21 games for \$25.

**Bowl-a-rama** — open to 4 p.m. Mondays-Saturdays bowl two hours for \$8.95. 4 p.m. to closing Mondays-Saturdays, all day Sundays, bowl two hours \$9.95.

### Fitness

**Editor's note:** For more information, call Blake Fitness Center, 377-4385; Dragon Fitness Center, 377-2907, and Triangle Fitness Center, 377-3056.

**Varsity teams** — players and coaches are needed for both volleyball and softball teams. Interested members can sign up at either the Blake or Triangle fitness centers.

**Sports physicals** — pediatric clinic provides sports physicals for school-age students. To schedule, call the TRICARE appointment line, 1-800-700-8603.

#### Blake Fitness Center

**Aerobic workout tapes** — available for free checkout and use in the facility. For more information, call 377-4409.

**Fitness assessments** — appointments only. For more information, call 377-4385.

#### Dragon Fitness Center

**Parent-child fitness room** — open 6 a.m. to 8 p.m. Mondays-working Fridays. Workout equipment and play area for ages 6 months to 7 years available.

**Aerobics** — variety of free classes offered at Dragon Fitness Center to accommodate most fitness levels. For more information, call 377-4409.

#### Triangle Fitness Center

**Squat, dead lift, bench press wall of fame** — best lifters in each weight category and gets photo on the wall of fame and free T-shirt. Competitions are 5 p.m. working Fridays.

### Golf

**Editor's note:** For more information, call Bay Breeze Golf Course, 377-3832.

### Mommy and me workout



Photo by Kemberly Groue

Bethanie Murphy, left, and Odalys Duarte workout while keeping an eye on their children in the parent-child fitness room at the Dragon Fitness Center. The room is open 6 a.m. to 8 p.m. Monday-working Fridays. The play area is for ages 6 months to 7 years. The moms are spouses of Benjamin Murphy, 338th Training Squadron, and Manuel Duarte, 403rd Wing.

**Honor Guard golf tournament** — noon May 12. Cost is \$35 per person, including lunch. For more information, call Jim Taylor, 377-2081 or Reginald Cobb, 377-1986.

**Youth golf lessons** — June 28-July 1, July 12-15 or July 19-22. Space is limited. For more information, call 377-3832.

**Nonprior service student special** — \$15 for unlimited rounds each day, including green and cart fees and club rental.

**Mother's Day special** — Sunday, mom only pays for golf cart.

**Disks for disk golf** — available for rent or purchase at outdoor recreation. For more information, call 377-3160.

### Outdoor recreation

**Editor's note:** For more information, call 377-3160 or 3186.

**Deep seas fishing trips** — 7 a.m. Sundays and down Fridays. \$40.

**Mother's Day special** — Saturday. Moms receive a 10 percent discount on boat rentals.

**May fishing tournament** — weigh in the largest ground mullet and receive a \$100 savings bond.

**Fishing trips to the oil rigs** — pick

your day and call to reserve, \$100 per person. Maximum six people.

**Dinner cruise** — 4-8 p.m. May 14, 28. Cost is \$40 per person including meal.

**Swimming lesson registration** — 9 a.m. to 1 p.m. Tuesday-May 12. Call for more information.

**Base swimming pools** — open May 28.

**Boat slip rental** — boats up to 20 feet \$50 per month; 20-50 feet \$2.50 per foot. Power and water included.

**Pontoon boat training** — test and certification and is necessary to rent a pontoon boat.

**Fishing trips to oil rigs** — available by appointment only. For more information, call 377-3160.

### Youth activities center

**Youth sports program** — for information on registrations for upcoming sports programs, call 377-4116.

**Instructional classes** — karate, ages 5 and older; gymnastics, ages 3 and older. For more information, call 377-4116.

**Taekwondo** — 6:30-7:30 p.m. for children, Tuesdays and Thursdays. For more information, call Michael Munyon, 239-6270

# DIGEST

## GRADUATIONS

### First Term Airmen Center Class 05-9

**81st Dental Squadron** — Airman Ruben Alfonso.  
**81st Medical Operations Squadron** — Airman Lindsey Underwood; Airman 1st Class Seth Stucker.  
**81st Medical Support Squadron** — Airman 1st Class John Clark.  
**81st Operations Support Flight** — Airman 1st Class Jessica Martin.  
**81st Surgical Operations Squadron** — Airman 1st Class Katrina Lockhart.

## HONORS

### Keesler Medical Center volunteers

**April 8, 96 volunteers received service pins for more than 41,000 hours of service. In parentheses are numbers of hours during 2004, followed by total hours of service.**  
**One year** — Kathleen Cox, 143 hours in 2004/143 total hours; Shamyre Davis (518/518); James Howell (170/170); Mary Larson (248/248); Jerrie Lee (146/146); Jerry Lee (147/147); Dorothy Moncus (380/380); Lula Osborn (155/155); Henry Phelps (110/110).  
**Two years** — Harlan Altaffer (325/570); Helen Bristol (336/491); Gilbert Camburn, (154/242); Billy Claybrook (363/720); Melinda Johnson (170/302); Robert Virgil (548/689); Claude Weekley (1,582/2,900); Lucy Welch (154/322).  
**Three years** — Richard Dunlap (251/836); Glen Slote (116/262); Susan Stanford (10/559); Ruth Taylor (239/691).  
**Four years** — Seconda Baker (297/921); Helen Beida (99/703); JoAnne Bryant (794/3,195); J. L. Craft (264/1,030); Lou Hare (544/2,201); Robert Holgate (440/1,903); George Johnson (92/871); Bobbi Williams (416/1464).  
**Five years** — Frank Barnes (1,176/3,534); Jesse Bolin (353/3,814); Charles Boutwell 643/2,793); Clifford Dye (600/2,118); Paul Ellmer (306/1,929); Christine Sharp (372/1,936).  
**Six years** — John Shuman (128/1445).  
**Seven years** — Nevin Becker (276/3,290); Viola Griffin (191/1,876); Odessa Lamb (119/1,061); Robert Meleady (730/4,791); Thomas Varble (754/4,396).  
**Eight years** — JoAnna Burke (590/5,656); Mary Carlos (521/3,731); William Collins (228/1,782); Rudy Paoli (188/1,746).  
**Nine years** — Tommy Adkins (367/3,186); Victor Chiolak (301/3,122); David Hammand (197/2,891); Dean Huffer (255/2,227); William St. Sing (254/2,376); Norman Shanahan (158/2,198).  
**10 years** — Robert Lindblom (239/4,749); Raymond Lindsey (98/2,781); George Park (112/2,475); Martha Wilson (334/7,496); Walter Wilson (794/9,152).  
**11 years** — Leo Auger (205/2,253); Lorraine Hill (207/6,142).  
**12 years** — Viola Doyle (214/4,013); Faye Hagan (161/1,765); Shirley Paoli (183/3,671); Charles Peterson (174/2,380); Mack Utsey (249/3,025).  
**13 years** — Marvin Langley (82/2,782); Thomas McLain (332/3,996); Grover Stuart (290/3,335).  
**14 years** — Ellen Blocker (256/2,388); Lydia Gelet (414/7,375); Marjorie Gray (217/2,534); Noal Kiefer (870/10,837); Wes Kuhn (237/3,183); Ruth Turner (475/7,087); Harry Weaver (356/6,165).  
**15 years** — Marguerite Brown (278/5,025); Joseph Burket (188/6,887); Betty Wilkins (10/4,426).  
**16 years** — Robert Acosta (320/4,346); Joseph LaFrance (156/5,267); Jane Wisely (335/5,407).  
**17 years** — Barbara Bruhnke (146/3,247); Margarite Edwards (309/6407).  
**18 years** — Evangeline Roybal (95/3,943).  
**19 years** — Amelia Dunlap (188/5,040); Marjorie Pendleton (234/7,495).  
**20 years** — Emily Herrington (801/11,907).  
**21 years** — Erika Hardy (120/4,295); Frankie Petty (240/4,967).  
**23 years** — Ernest Brant (191/1,902); Dean Todd (420/3,928).  
**24 years** — Usa Jones (738/18,760).  
**25 years** — Dorothy Magruder (875/23,272).  
**29 years** — Warren Shelton (2,512/50,290).  
**30 years** — Helen Taylor (498/18,605).  
**33 years** — Louise Turpel (973/32,155).  
**34 years** — Emily Shelton (2,575/ 62,048).  
**38 years** — Mary Frost (567/14,649).

## CHAPEL SERVICES

### Jewish

**Beth Israel Synagogue** — 1946 Southern Avenue, Biloxi. Services 8 p.m. Fridays; an Oneg Shabbat follows each service. For more information, call 388-5574 or visit cbibiloxi@juno.com.  
**Latter-Day Saints**  
**The Church of Jesus Christ of Latter-Day Saints** — student group service, 2 p.m. Sundays, Triangle Chapel. Student family home evenings, 7 p.m. Mondays, Fishbowl. For more information, call 374-5627.  
**Biloxi Ward** — 11 a.m. to 2 p.m. Sundays, 14928 Big Ridge Road, North Biloxi. For more information, call 435-9506.

### Protestant

**Sunday worship**  
Larcher Chapel traditional service.....8:30 a.m.  
Fishbowl student contemporary service.....10 a.m.  
Larcher Chapel praise and worship service.....11:15 a.m.  
Triangle Chapel gospel service.....11:30 a.m.  
(due to construction at Triangle Chapel, held at the Keesler Community Center Sunday and May 1.)  
**Sunday religious education**  
September-May.....10 a.m.  
Classes held at the former chapel located at corner of H and 2nd streets. For class schedules, call 377-2520 or 4625.  
**Prayer service for peace** — noon Wednesdays, Larcher Chapel. For more information, call 377-4861.

### Roman Catholic

**Sunday Mass**  
Medical Center Chapel.....Sacrament of Reconciliation, 8 a.m.  
Medical Center Chapel .....8:30 a.m.  
Triangle Chapel.....Sacrament of Reconciliation, 9:30 a.m.  
Triangle Chapel.....10 a.m.  
(due to construction at Triangle Chapel, held at the Keesler Community Center Sunday and May 1.)  
**Weekday Masses**  
Medical Center Chapel .....11:15 a.m.  
Fishbowl.....Wednesdays, 6:30 p.m.  
**Sunday religious education**  
September-May.....8:30 a.m.  
Classes held at the former chapel located at corner of H and 2nd streets. For class schedules, call 377-4625.

### Islamic

**Building 2003** — for international students, temporary duty and permanent party; prayer five times daily; Salaat ul-Jummah congregational prayer, noon Friday.  
For more information, call 377-2520 or 0327.

### Orthodox

**Holy Trinity Church (Greek Orthodox)** — 255 Beauvoir Road, Biloxi; Divine Liturgy, 10:30 a.m. Sunday. For more information, call 388-6138.  
**St. Mary's Church (Eastern Orthodox)** — 3224 D Ave., Gulfport. For more information, call 864-1568.

### Student honor roll

#### 332nd Training Squadron

**Basic electronic principles** — Airmen Basic Jorge Arellano, Curtis Claude, Francisco Enriquez, Patrick Goode, Reese Jones, Daniel Loose, Michael Mason, Jason McElvy, Philip McGuirk, Joshua Morrison, John Morrow, Vincent Odine, Vincent Schurr, Christopher Stark, Jeremy Strosnider and Rusty Walton; Airmen Rachael Gorman, Benjamin Murphy, Vincent Olshove and Gregory Terrell; Airmen 1st Class Heath Allred, Allan Batzel, Jason Bloss, Rosalina Brunt, Leuris Castillo, Tracey Coon, Justyn Izumi, Daniel James, Joshua Kelly, Benjamin Kratoska, Anthony Mitchell, Peggy Price, Brandon Strickland, Mark Tarrants and James Young; Senior Airmen Thomas Cavanaugh, Angelo Cave, Dino Dan, Sean Everette and Joshua Powell; Staff Sgts. Mark Bodnar, Amy Elness, Kenyon Farmer, Ryan Hickey, Brandon Jackson, Maurice McKennis, Gonzalo Roman and Justin Thornton; Tech. Sgt. William Morton; Todd Davis.

**Metrology training flight** — Airman Basic Stephanie Gunner; Airman Stephen Bush; Airman 1st Class James Dierking; Staff Sgt. Khoa Nguyen.

#### 334th TRS

**Aerospace control and warning systems apprentice course** — Airman Basic Steven Puente; Airman 1st Class Caldon Buen-consejo; Senior Airman Adam Kujawski; Staff Sgts. Ryan Bate-man and Robert Mazzatti.

**Air traffic control operations training flight** — Airmen Basic Raymond Allen, Luong An, Ty Bare, Nicholas Blum, Allen Cleveland, Nicholas Focarelli, Dustin Griswold, Graham Hintz, Crystal Jendrejas, Stephanie Licklite, Jerry McKinney, Craig McMinimy, Sean Mullins, Joshua Shorter-Ivey, Joel Sines, Brian Stocks, Benjamin Sullins, Kyle Sweiderk, Keith Thomas and Justin Yates; Airmen Latasha Bethea, Eric Friedman and Shawn Stene; Airmen 1st Class Tyler Blanchard, Erin Bryant, Joseph Crutcher, Noah Dunlap, Melissa Landis, Daniel Mang, James Marzullo, Tanner Morgan, Jason Stegmann and Shane Wilkin-son; Staff Sgts. Jon Dalton, Marell Ducksworth, David Iglesias and Rodney Martin; 1st Lt. Edit Nemes; Capt. Chia Fan.

#### 335th TRS

**Comptroller training flight** — Airman Basic Meisha Nixon; Airmen 1st Class Kimberley Harding, Jeanine Mayo and Beau Westmoreland; Senior Airmen Michael Cadore, Janice Cordell, Jeffrey Gillespie, Jordan Knotts, Jeffrey Porter, Nicole Taylor and Matthew Tucker; Staff Sgts. Munguia Cavazos, Lafietta Christian, Charles Kerr, Misty Makin, Anthony Pounds, Dale Ramirez and Salvador Talamo; Tech. Sgts. Matthew Riggs and Lucas Terry.

**Weather training flight** — Airmen Basic Joy Arnold, Justin D'Olimpio, Jere Gossert, Jeremy Heins, Sean Kirkpatrick, Justin Novak, Nathaniel Rohaly, Melissa Thomas, Eric Tidd, James Urban and Christopher Watts; Navy Airman Recruit Kirk Trychel; Airmen Brian Burgman, Apryll Green, Karla Hause, Matthew Money, Jonathon Spillman and Sean Trosper; Navy Airmen Apprentice Michael McCall, Robert Speta and Chad Watkins; Airmen 1st Class Zachary Ferguson, Jeffrey Guyott, Stephanie Mikesch, Jason Pierce, Stacy Radel, Jacob Ruckman, Jessica Satterfield and Justin Van Meter; Navy Airmen Crystal Casey, Derek Salinas, Tonya Swecker and Sara Vogel; Navy Sea-man Michael Davis; Senior Airmen Jesse Lundberg, David Pearce, Eric Villafranca and Joe Wiskur; Staff Sgts. Andrew Narog and Nikki Rush; Tech. Sgts. Robert Browder, James Campell, Carl Citrine, Scott Jennings, John Lewis, Geoffrey Mason, Rodney McDougal and Ronald Regina.

#### 338th TRS

**Computer, network, cryptographic and switching systems course** — Airmen Kyle Ackland and Frank Scafidi; Airmen 1st Class Noel Baez-Agosto, Christian Bird, Jessie Crews, Shelby Jacobson, Stavros Kalfoglou, Serge Magloire, Jayceon Scaglione, Zachary Welden and Jed Wilson; Senior Airman Jef-fery Kilby; Staff Sgts. William Carr, Frank Perez, Travis Tautzier and Duy Vu; Tech. Sgts. Hubert Black, Stephen Devoid and Christy McGuffee.

**Radar systems flight** — Airmen 1st Class Daniel Beurer, Theodore Donald and Christopher Foy; 2nd Lt. Andrej Gerjevic.

## PROMOTIONS

#### 2005 Air Force Personnel Center boards

**May 16-27** — senior noncommissioned officer supplemental.  
**July 6-21** — lieutenant colonel line, JAG, BASC, MSC, NC.  
**July 25-29** — senior noncommissioned officer supplemental.  
**Aug. 2-12** — blocked.  
**Aug. 15-26** — command screening.  
**Sept. 12-23** — colonel line, JAG, BASC, MSC, NC.  
**Sept. 26-30** — special selection.  
**Oct. 4-6** — blocked.  
**Oct. 11-21** — chief master sergeant evaluation.  
**Oct. 25-27** — Air National Guard colonel, second session.  
**Nov. 14-18** — colonel, lieutenant colonel and major MC, DC.  
**Dec. 5-16** — major line, CHAP, JAG, BSC, MSC.

Please see **Digest**, Page 21

# Digest, from Page 20

## TRICARE

**Beneficiary services** — active duty and dependents enroll at Keesler Medical Center, Room 4B-107, 377-9962. To enroll in TRICARE Prime, retirees and their dependents call 1-800-444-5445 or visit the TRICARE Service Center, 2130 Pass Road, Biloxi, 385-6650.

**Claims services** — 1-800-403-3950.

**“Urgent” after hours primary care manager access** — 1-877-794-4629.

**Health benefits/beneficiary counseling, debt collection assistance** — call Carolyn James, 377-6580, or Linda Davis, 377-6001. Ms. James is in Room 4B-106 and Ms. Davis is in Room 4B-105 in Keesler Medical Center.

**Education center for women** — in women’s health services at Keesler Medical Center, offers educational tools for women’s health issues. TV/VCR, interactive touch screen computer and multimedia computer connected to the Internet are available for personal viewing; videos may be viewed in the clinic or checked out for home use. Walk-ins welcome. For appointments, call 1-800-700-8603. For more information, call 377-6920 or 6921.

**Keesler Medical Center clinic hours** — family practice, 7 a.m. to 5 p.m. Monday-Thursday, 7 a.m. to 4 p.m. Friday, 8 a.m. to noon Saturday. Urgent care, pediatric clinic hours, 7 a.m. to 5 p.m. Monday-Friday.

**On the Web** — Keesler Medical Center’s Web site is <http://www.keesler.af.mil/81mdg>. For TRICARE information, visit <http://www.tricare.osd.mil>. For Region South information, visit the Humana Military Healthcare Services Web site, <http://www.humana-military.com>.

**TRICARE Service Center** — 2130 Pass Road, Biloxi, 385-6650. Hours are 8 a.m. to 5 p.m. Monday-Friday.

## CLASSES

### Airman Leadership School

**Class 05-D** — graduates May 31.

### Keesler NCO Academy

**Class 05-4** — graduates May 26.

### First Term Airmen Center

No classes during May.

### Chapel

**Book of Acts adult Bible study** — 6:30-8 p.m. Wednesdays at the former chapel located at corner of H and 2nd streets. For more information, call David Moore, 594-0072.

**Women’s Bible study** — 10 a.m. to noon Wednesdays at the former chapel located at corner of H and 2nd streets. Topic is Beth Moore’s “Breaking Free.” Child care available. For more information, call Bonnie Nikolaus, 818-9412.

### Keesler Medical Center

**Shaving clinic** — pseudofolliculitis evaluations 1-3 p.m. Wednesdays.

**Allergy/immunization clinic** — 7 a.m. to 4:15 p.m. Monday-Thursday and 7 a.m. to 4 p.m. working Fridays. For more information, call 377-6543.

**International travel clinic** — weekly appointments available; schedule at least three weeks before a planned trip. Travelers should provide a list of destinations when they book an appointment and bring their immunization record to the appointment. For appointment, call Pat Baugh, 377-6166.

### McBride Library

**Orientations for college students** — 6 p.m. Wednesday and May 18 and 25.

**Story time** — 2 p.m. Wednesday and May 18 and 25, ages 2-5.

**Retiree Appreciation Day** — 4:30 p.m. May 13. Orientations and tours, free bookmarks and mouse pads and refreshments, for retirees.

**Asian Pacific American Heritage book and poster display** — during May.

**Library services** — free Internet use, copies 10 cents a page, copy machines 5 cents a page, fax first page \$3 and each additional page \$2, local and incoming faxes 50 cents a page.

**Orientations/volunteer work** — For more information, call 377-2181.

### Arts and crafts center

**Ceramic pouring** — 10 a.m. to 3 p.m. Friday. \$20 including supplies.

**Beading** — beginners Saturday, intermediate May 14; \$25 per person, per class, plus \$15-20 supply kit. Advanced May 21 and 28; \$30 plus a \$15-\$20 supply kit. For class times, call 377-2821.

**One-stroke beginner painting** — 1-3 p.m. Saturday or May 21. \$40 including most supplies.

**Beginners cross stitch** — 6 p.m. Tuesday. \$10.

**Photography** — 6 p.m. Tuesday and May 24. \$10; learn composition and camera use.

**Ceramic painting** — 5 p.m. Tuesday, free brushstrokes class. Purchase your own greenware to attend; call to register. Specialty class 10 a.m. May 20. \$40 plus supplies.

**Beginner ceramic painting** — 10 a.m. May 14. \$5. Learn decals; paint and brushes provided.

**Rubber-stamped card making** — 6 p.m. May 17. \$10.

**One-stroke project class** — 1-3 p.m. May 21. \$25 plus supplies. Sign up by May 19; one-stroke beginner painting is prerequisite.

**Pottery** — for more information, call 377-2821.

**Advanced matting** — 10:30 a.m. to 1:30 p.m. May 27. \$20 including supplies; beginning framing class is prerequisite.

**Beginning intarsia woodworking** — 5-7 p.m. Friday and May 20. \$15 including supplies and tool use; maximum three students.

**Advanced intarsia woodworking** — 10 a.m. to 1 p.m. Saturday or May 21. \$20 including supplies and tool use; maximum 3 students.

**Parent and me ceramics** — 10 a.m. May 14, ages 4-7. \$10 including supplies; second child \$5.

**Family fun night** — 6 p.m. May 17. All types of birdhouses. \$10 per project including supplies.

## TRANSITIONS

### Workshops, briefings

**Transition assistance three-day workshop** — 8:30 a.m. to 4 p.m. Monday-Wednesday, June 6-8, July 11-13, Aug. 8-10, Sept. 12-14, Oct. 3-5, Nov. 7-9 and Dec. 5-7, Room 130, Sablich Center. To preregister or for more information, call 377-8591 or 8592 or e-mail [ronald.bublik@keesler.af.mil](mailto:ronald.bublik@keesler.af.mil).

**Retirement and veterans briefing** — 8:30 a.m. to 4 p.m. May 12, June 9, July 14, Aug. 11, Sept. 15, Oct. 6, Nov. 10 and Dec. 8, Room 130, Sablich Center. To preregister or for more information, call 377-8591 or 8592.

**PALACE Chase information briefings** — 10 a.m. first and third Tuesday of each month, Room 216, Sablich Center. For more information, call Master Sgt. Tony Woods, 377-7116.

**Health care professionals** — needed by the Air Force Reserve. Critical Air Force Specialty Codes available in Alabama, Mississippi, Louisiana and Florida units are 44M3, 44Y3, 46F3, 46P3, 47G3, and 48R3. Some may be eligible for signing bonus or loan repayment. For more information, call Tech. Sgt. George Adams, health professions recruiter, 377-8332, or e-mail [george.adams@keesler.af.mil](mailto:george.adams@keesler.af.mil).

**Barnes Air National Guard Base, Mass.** — Airmen who’ve completed their enlistment and don’t have a military service obligation may qualify for \$15,000 enlistment bonus in the Massachusetts Air National Guard. For more information, call 1-800-247-9151, DSN 698-1567 or e-mail [recruiting@mabarn.ang.af.mil](mailto:recruiting@mabarn.ang.af.mil).

**Missouri Air National Guard, Jefferson Barracks** — looking for officers to fill positions as air battle managers, pilots and navigators with Air Force Specialty Codes 013B3K, 013M3, 011B3Y, 011G3, 012F3Y, 011F3B, 012F3Y, 013B3B and W011G3Y. For more information, call DSN 824-8504 or commercial 314-527-8504.

### Employment assistance

**Upcoming classes** — home business and self employment class, noon May 10. Job interview success tips, 9-11 a.m. May 11; participants should bring examples of job announcements or help-wanted ads to use in completing exercises in the course. Federal job applications class, 9-11 May 17; participants should go online and bring an example of a job in the government they would like to pursue to be used in completing class exercise. To register, call 377-2179.

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## DINING FACILITIES MENUS

### Today

**Lunch** — orange spiced chops, hush puppies, braised liver with onions, tempura fried fish, hush puppies, rissole potatoes, rice, gravy, broccoli, peas and carrots, wax beans, fruit salad, potato salad, cream of broccoli soup, chicken and wild rice soup, chili, buffalo wings and roast beef subs.

**Dinner** — baked chicken, pepper steak, pasta primavera, mashed potatoes, rice, gravy, mixed vegetables, fried okra, green beans, potato salad, fruit salad, cream of broccoli soup, chicken and wild rice soup, chili, buffalo wings and roast beef subs.

### Friday

**Lunch** — seafood newburg, bean and corn pie, roast turkey, cornbread, franconia potatoes, pea and pepper rice, gravy, corn on the cob, stewed tomatoes, mustard greens, pasta salad, three-bean salad, clam chowder, vegetable soup, frontier chicken chili, barbecue pork and burritos.

**Dinner** — corned beef, pineapple chicken, yankee pot roast, cornbread, potato wedges, simmered potatoes, gravy, fried cabbage, carrots, black-eyed peas, three-bean salad, clam chowder, vegetable soup, frontier chicken chili, barbecue pork and burritos.

### Saturday

**Lunch** — baked chicken, Swedish meatballs, creole shrimp, baked potatoes, rice, gravy, creamed corn, asparagus, steamed squash, fruit salad, kidney bean salad, country bean soup, chicken gumbo, chili with beans and chicken nuggets.

**Dinner** — baked fish, Hungarian goulash, barbecue chicken, parsley buttered potatoes, rice, gravy, stir-fry vegetables, baked beans, creamed corn, fruit salad, kidney bean salad, country bean soup, chicken gumbo, chili with beans and chicken nuggets.

### Sunday

**Lunch** — oven fried fish, spareribs, grilled mustard chicken breast, baked macaroni and cheese, noodles, gravy, peas, baked sweet potatoes, broccoli combo, tomato salad, jellied spring salad, vegetable soup, Italian wedding soup, frontier chicken chili and cheese pizza.

**Dinner** — stir-fry beef with broccoli, turkey nuggets, loin strip steak, mushroom and onion sauce, baked potatoes, rice pilaf, gravy, corn on the cob, green beans, jellied spring salad, tomato salad, vegetable beef soup, Italian wedding soup, frontier chicken chili and cheese pizza.

### Monday

**Lunch** — beef pot roast, baked stuffed fish, roast pork loin, oven-browned potatoes, rice, cauliflower combo, succotash, green beans with mushrooms, macaroni salad, cottage cheese salad, chicken dumpling soup, chili with beans, grilled Polish sausage and steak and cheese subs.

**Dinner** — chili macaroni, beef cannelloni, fried chicken, cottage fries, mashed potatoes, gravy, cornbread, steamed squash, glazed carrots, peas, macaroni salad, cottage cheese salad, chicken dumpling soup, minestrone, chili with beans, Polish sausage and steak and cheese subs.

### Tuesday

**Lunch** — teriyaki chicken, veal parmesan, salmon cakes, garlic toast, filipino rice, parsley buttered potatoes, gravy, fried cabbage, succotash, mixed vegetables, fruit cocktail salad, spinach salad, bean with ham soup, chicken noodle soup, white chicken chili, barbecue beef sloppy joes and roast beef subs.

**Dinner** — country captain chicken, meatloaf, turkey a la king, rice, mashed potatoes, gravy, garlic toast, harvard beets, mustard greens, okra tomato gumbo, fruit cocktail salad, spinach salad, bean with ham soup, chicken noodle soup, white chicken chili, barbeque beef sloppy joes and roast beef subs.

### Wednesday

**Lunch** — lasagna, spaghetti with meat sauce, chicken cacciatore, noodles, baked potatoes, baked beans, green beans, simmered squash, Mexican coleslaw, frijole salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and Monte Cristo sandwich.

**Dinner** — lemon-herb chicken, barbecue spareribs, stuffed pork chops, scalloped potatoes, rice, gravy, jalapeno cornbread, cauliflower combo, corn, tempura vegetables, Mexican coleslaw, frijole salad, pasta fagioli soup, chicken tortilla soup, vegetarian chili, cheese fishwich and Monte Cristo sandwich.

# Digest, from Page 21

**Employment Network Center** — 8 a.m. to 4:45 p.m. Monday-Thursday and 9 a.m. to 3:45 a.m. working Fridays, Room 126, Sablich Center. National and local job search information and Internet computer access for active-duty and military family members, free e-mail service, fax service and computers and laser printers to complete resumes and federal job applications. For more information, visit Room 126, Sablich Center, or call 377-8593 or 8592.

## Web sites

**Defense Manpower Data Center** — <http://www.dmdc.osd.mil/dors> or <http://www.dmdc.osd.mil/tbb>.

**Air Force Blue to Corporate Gray** — <http://www.blue.togray.com>.

**America’s Job Bank** — <http://www.ajb.dni.us>.

**Air Force Federal Employment Resume and Information** — <http://www.afpc.randolph.af.mil/resweb>.

**Civilian job certification and licensing requirements for military personnel and veterans** — <http://www.dol.gov/dol/vets>.

**Department of Veterans Affairs** — <http://www.vba.va.gov/efif/index.htm>; for members returning from Operations Enduring Freedom and Iraqi Freedom.

**Southern Region Military and Civilian Job Fair** — <http://www.mesc.state.ms.us/jobfair>.

**New military spouse career center** — <http://www.military.com/spouse>. Extensive job board including jobs from public and private sectors. For more information, call Vince Patton, 703-269-0154, or e-mail at [vince@militaryadvantage.com](mailto:vince@militaryadvantage.com).

## Computer use

**Government computers** — commanders may authorize their use for the preparation of personal resumes by people separating or retiring from the service on an “as available” basis as long as use of the equipment for the purpose doesn’t adversely affect the mission.

**Transition employment opportunities public folder** — go to e-mail “public folders” and click on “transition employment opportunities” for job opportunities for active duty and family members. For more information, call 377-8592 or 8593.

# KIRT

Keesler Integrated Resource Team members serve the community needs of military personnel and families. Member agencies support mission readiness and provide preventive or intervention services to promote mental and spiritual growth, physical health, and strong military members and their families.

KIRT members are:

**Life skills enhancement center** — 377-6216, comment line, 377-6780.

**Family support center** — 377-2179.

**Family advocacy** — 377-7006.

**Family member program** — 377-3077.

**Health and wellness center** — 377-5305.

**403rd Wing** — 377-3277.

**Chapel** — Larcher, 377-4859; Keesler Medical Center, 377-6337; Triangle, 377-2520, and Fishbowl Student Center, 377-2331.

## Classes, seminars

**Parenting classes** — 3-5 p.m. Wednesday, May 18 and 25, family advocacy office, Sablich Center. For reservations, call 377-7006.

**Marital enrichment classes** — 3-5 p.m. Tuesday, May 17, 24 and 31, family advocacy office, Sablich Center. For reservations, call 377-7006.

**Passport to Parenthood/Bundles for Babies** — 6-8 p.m. today, May 12, 19 and 26, family advocacy office, Sablich Center. For reservations, call 377-7006.

**Debt solutions** — 2-3 p.m. Monday, Room 230A, Sablich Center. To register, call 377-2179.

**Financial awareness for the military spouse** — 9-11 a.m. May 16, Room 130, Sablich Center. To register, call 377-2179.

# CLUBS AND CENTERS

## Keesler Community Center

**Ballroom dancing** — 7-11 p.m. Saturday. \$10. Refreshments served; instructors available.

**Texas Hold ‘Em** — 7 p.m. May 13. \$4 Keesler Club members, \$7 nonmembers. Everyone’s invited to stop by, cook your own steak and watch the grand finale May 19.

**Adult and youth guitar** — half-hour lessons, 5 p.m. Tuesdays and Thursdays. \$55 per month. For appointment, call 377-3308.

**Piano lessons** — 5 p.m. Mondays, Tuesdays and Wednesdays, ages 5 through adult. For fee information, call 377-3308.

**Weight Watchers** — 5:45 p.m. Thursdays; weigh-in 5:15 p.m.

**Coloring contest** — pick up coloring/activity sheet; submit entry by 4 p.m. May 19.

## Vandenberg Community Center

**Eight-ball pool tournament** — 6-9:30 p.m. Mondays.

**Nine-ball pool tournament and country DJ** — 6-9:30 p.m. Tuesdays.

**Karaoke** — 6 p.m. Thursdays before nonworking Fridays.

**CyberSport** — Internet gaming 3-10 p.m. Mondays-Thursdays. For information on weekend hours and free lessons, call 377-4519.

**Armed Forces Day dance** — 6 p.m. May 21. \$3; dance contest, prizes.

**Late night dance and DJ** — 6 p.m. to midnight Fridays and Saturdays. \$3. People with birthdays in May show ID card and get in free third Friday of the month.

## Youth activities center

**Friday teen night** — 6:30-10 p.m., ages 13-18. \$5. Games, activities, movies and special events. Register by Wednesday each week.

**Preteen night** — 5:30-9 p.m. Saturdays, ages 6-12. \$5. Games, activities, movies and special events. Register by Wednesday each week.

**Free home alone course** — 6-7 p.m. May 19, ages 10 and older; register by May 18.

**Kids on the move relocation workshop** — 6-7 p.m. May 26, ages 6-12. To register, call 377-2179.

**Three-on-three soccer registration** — throughout May, ages 5-12. \$30 including jersey, socks and participation award.

**Summer camp opportunities** — registrations accepted now for summer camp for those completing kindergarten through grade 6; counselor-in-training program for youth at least 13 years old or in grade 7; summer youth volunteers and the youth employment skills program for grades 9-12. For more information, call 377-4116.

**Karate** — 6:30-7:30 p.m. Mondays and Tuesdays ages 6 and older. \$30.

**Gymnastics** — Mondays and Wednesdays, ages 3 and older. \$30 per month. Call for times and age groups.

**Training responsible adolescents in leadership/Keystone Club** — 6-7 p.m. Tuesdays, ages 13-17.

## Keesler Club

**Editor’s note: Dining is open to all ranks.**

**Mother’s Day brunch** — Sunday; seatings 10 a.m., noon and 2 p.m. Reservations recommended; call 377-2719.

**Lunch buffet** — 10:30 a.m. to 1 p.m. Mondays-working Fridays, except holidays. Specials are Mongolian barbecue Mondays, ribs Tuesday, ethnic Wednesdays, catfish the last working day each week.

**Wednesday special** — 4:30 p.m. until they’re gone, free wings and things for club members; \$3 for nonmembers. Drink specials and progressive pot cash giveaway for members.

## Enlisted Warrior Lounge

**NASCAR race watch parties (all ranks)** — Saturday and May 14, 21 and 29; call for times. Food and drink specials, prize giveaways; club members register to win a trip for two to a major NASCAR event.

**Hot dogs** — \$1 Mondays through Saturdays.

**Pinochle (all ranks)** — 7 p.m. Tuesdays.

**Karaoke night** — 6 p.m. to 2 a.m. Fridays.

**Latino night** — May 20. 7-8 p.m. dance lessons. 8 p.m. to 2 a.m. DJ. Drink specials.

Please see **Digest**, Page 23

# SHUTTLE BUS SCHEDULE

## 6:30 a.m. to 9 p.m. weekdays

Minutes after hour	Bus stop
:00	:30 332nd TRS, Building 6955
:01	:31 338th TRS, Building 6965
:02	:32 Welch Auditorium
:04	:34 Smith Manor
:07	:37 Cody, Dolan and Thomson Hall
:08	:38 Supply
:09	:39 Shoppette
:10	:40 Shaw House
:11	:41 Main exchange
:12	:42 McBride Library
:13	:43 Medical center, Tyler House
:14	:44 Sablich Center
:15	:45 Dental clinic
:16	:46 Allee and Wolfe Halls
:17	:47 Base operations
:18	:48 Hangar 4
:19	:49 Thomson Hall

## 10 a.m. to 9 p.m. off-Fridays, weekends, holidays

Minutes after hour	Bus stop
:00	:30 332nd TRS, Building 6955
:02	:32 Shoppette
:04	:34 White Avenue Gate
:05	:35 Shaw House
:06	:36 Main exchange
:07	:37 Keesler Federal Credit Union
:08	:38 Medical center, Tyler House
:09	:39 Sablich Center
:10	:40 Dental clinic
:13	:43 Marina park
:14	:44 Bay Breeze Golf Course
:15	:45 Pass Road Gate
:17	:47 Welch Auditorium
:18	:48 338th TRS, Building 6965

## Technical training route 5:10-5:30 a.m. weekdays

Minutes after hour	Bus stop
:10	Shaw House
:12	Muse Manor
As required	Tyler House
:14	TLQ east side 2000 block
:16	TLQ east side of Locker House
:17	332nd TRS
:18	335th TRS
:20	Welch Auditorium
:26	Thomson/Dolan/Cody Halls
:27	McClellan Hall
:28	Allee/Wolfe Halls
:30	Stennis Hall/Weather

## Prior-service students lodged off-base

**Allow four-minute window for times; lobby area pickup.**

**To Keesler via Highway 90:** 5:15 a.m. and 1:25 p.m., Comfort Suites, Comfort Inn and Holiday Inn; 5:18 a.m. and 1:28 p.m., Howard Johnson Express and Best Western Swan; 5:21 a.m. and 1:35 p.m., Ramada Limited; 5:25 a.m., Edgewater Inn; 5:32 a.m. and 1:50 p.m., Biloxi Beachfront and Holiday Inn Express.

**To Keesler from north of base:** 5 a.m. and 1 p.m., Martinique; 5:01 a.m. and 1:04 p.m., South Palm Villas; 5:06-5:10 a.m. and 1:10-1:16 p.m., Ocean Springs Days Inn, Howard Johnson, Holiday Inn and Hampton Inn; 5:11-5:16 a.m. and 1:20-1:31 p.m., Ocean Springs Country Inn and Suites, Ramada Limited, Best Western and Comfort Inn; 5:18-5:22 a.m. and 1:41-1:47 p.m., D’Iberville Wingate Inn, Quality Inn and Travelodge; 5:25-5:35 a.m. and 1:53-1:56 p.m., D’Iberville Howard Johnson and Suburban Lodge.

**Back to off-base lodging:** 3:30, 4:30 and 6:15 p.m., street side of Hewes Hall for Bryan, Jones, Hewes and Garrard halls; 3:33, 4:33 and 6:18 p.m., Thomson Hall stop for Hangar 3, Thomson, Cody and Dolan halls; 3:36, 4:36 and 6:21 p.m., McClelland Hall; 3:38, 4:38 and 6:23 p.m., behind Allee Hall for 7-level building, weather building and Allee, Wolfe and Stennis halls; 3:41, 4:41 and 6:26 p.m., stop between base exchange and McBride Library.

**Duty passengers have priority over “space available” riders. Schedule may be impacted by increased official operations or severe weather. Those who are physically challenged or have excess baggage, call 377-2432 for the base taxi. For more information, call 377-2430.**

# Digest,

from Page 22

**Rhythm and blues night** — 9 p.m. till, Saturdays.  
**Urban nights** — 7 p.m. to 2 a.m. Thursdays before non-working Fridays.  
**Snack and drink specials** — 5:30 p.m. Tuesdays through Fridays. Progressive pot cash giveaway Wednesdays for members.

## TICKETS AND TRAVEL

**Arena football in New Orleans** — May 14, New Orleans VooDoo vs. Austin Wranglers. \$25 including admission and transportation; sign up and prepay by Tuesday.  
**Pensacola Beach, Fla.** — June 17. \$20 including round trip transportation; sign up and prepay by June 15.

## VOLUNTEERS

**Editor's note:** Included are base organizations, events, training orientation and other information for volunteers. For more information on opportunities in the surrounding communities, call Jackie Pope, 377-8590.

**Mississippi Special Olympics Summer Games** — May 20-22. Volunteers needed for opening ceremonies, volleyball, feeding tent, huggers, cheerleaders and other areas. Volunteers are also needed to cheer torch runners, noon May 20. Map of torch route and schedule of events is on Keesler's a secure Web site. Those who haven't signed up with a squadron representative, call the volunteer hotline, 377-4263 or mailto:cmnorma@cableone.net.

**Airmen Against Drunk Driving** — for more information, call Staff Sgt. Shironda Gilchrist, 377-4477.

**American Red Cross-Keesler Chapter** — provides volunteers for disaster assistance and other emergency responses. Training is provided and skills are matched with current needs. For more information, call Richard Huffman Sr., 377-3030.

**Chapel** — for more information, call 377-2520.  
**Civil Air Patrol, Col. Berta A. Edge Composite Squadron** — 6:30 p.m. Tuesdays, Room 210, Hangar 3. For more information, call Lt. Col. Linda Steel-Goodwin, 377-7152 or 436-3353, or CAP 1st Lt. Hank Rogers, commander for seniors, 435-6270.

**Cub Scout Pack 214** — for more information, call Staff Sgt. Christian Carawan, 385-9433, or Tech. Sgt. Mark Tempone, 594-2003.

**Family support center** — for more information, visit the center, Room 112, Sablich Center, or call 377-2209 or 4293. Free child care available.

**Fisher House** — for more information, call Larry Vetter, 377-8264.

**Girl Scouts** — for more information, call Beverly Brooks, 864-7215, or Cindy Callahan, 388-7757.

**High school students** — dependents of active-duty people who want to earn money toward college by volunteering, call Jeri Peterson, 377-3349.

**Honor guard** — for more information, call 377-1986 or 2081.

**International military student office** — for more information, call 377-4228.

**McBride Library** — for more information, call Bill Province or Tonie Day, 377-2181 or 2604.

**Medical center** — for more information, call Emily Shelton, 377-1444.

**Retirees activities office** — for more information, call 377-3871 or 7309.

## MEETINGS

### Recurring

**African-American Heritage Committee** — 3:30 p.m. second Tuesday of each month, Building 4002 (Supply), Room 109. For more information, call Paulette Powell, 377-2270, or Kurt Higgins, 377-1390.

**Air Force Association, Chapter 332** — 11:30 a.m. second Monday of each month, Keesler Club. For more information, call or email Capt. Ted Cassin, 377-3727, or edward.cassin@keesler.af.mil or e-mail Paul Deitke, pdeitke@

member.afa.org.  
**Air Force Sergeants Association, Chapter 652** — 11 a.m. third Tuesday of each month, Keesler Club. For more information, call Master Sgt. Scott Sippel, 377-9444.

**Air Force Sergeants Association Auxiliary** — 6 p.m. third Thursday of each month. For location and more information, call Timlie Reis, 396-5872.

**Alcoholics Anonymous** — 8 p.m. Thursdays, Larcher Chapel. For more information, call 396-0823.

**Amateur radio club** — 7 p.m. second Monday of each month, second floor, Hangar 3, next to the Civil Air Patrol. For more information, call Staff Sgt. Brad Godwin, 377-0341 or 875-3223, or Staff Sgt. Tony Tran, 377-1200 or 396-4547.

**American Federation of Government Employees Local 2670** — 11:30-1 p.m. second Tuesday of each month, Keesler Club. For more information, call Helene Almond, 377-6850 or 4518.

**Asian-Pacific Islander Heritage Committee** — 3 p.m. first Wednesday of each month, Magnolia Room, Keesler Community Center. For more information, call Tech. Sgt. John Dianala, 377-6154, or Larry McKean, 377-3252.

**AWANA** — 4:30-6:30 p.m. Sundays August through May at the former chapel located at corner of H and 2nd streets, for preschool through high school students. For more information, call Tasarla Shaw, 377-2520.

**Blacks in Government** — 5:15 p.m. second Thursday of each month, Building 4002 (Supply), Room 109. For more information, call Flo Clay, 377-8681.

**Boy Scout Troop 253** — 6:30 p.m. Mondays, Building 0007, Thrower Park. For more information, go to <http://www.geocities.com/biloxi253/> or call Louie Fontes, 377-1519 or 392-0646.

**Breast cancer support group** — 6 p.m. first Tuesday of each month, general surgery clinic. For more information, call 377-3454.

**Breastfeeding support group** — for more information, call Jodi Qualters, 872-9190.

**Cancer support group** — 6 p.m. second Tuesday each month, medical procedures clinic lounge. For more information, call 377-6588.

**Chapel ropes** — 8 a.m. Sundays, Fishbowl Student Center.

**Charismatic intercessory prayer service** — 5:15-6 p.m. Wednesdays at former chapel located at corner of H and 2nd streets.

**Christian men's fellowship luncheon** — noon Tuesdays, Triangle Chapel. Bring lunch. For more information, call 377-2520.

**Christian singles** — various hours and activities at The Haven. For more information, call Willie Page, 392-1399.

**Civil Air Patrol, Col. Berta A. Edge Composite Squadron** — 6:30 p.m. Tuesdays, Room 210, Hangar 3. For more information, call Lt. Col. Linda Steel-Goodwin, 377-7152 or 436-3353, or CAP 1st Lt. Hank Rogers, commander for seniors, 435-6270.

**Company grade officers council** — 4 p.m. second Thursday of each month, Keesler Club. For more information, call Capts. Branin Klausman, 377-4045, or Jeffrey Burns, 377-0663, or visit <https://www.mil.keesler.af.mil/CGOC/index.htm>.

**Cub Scout Pack 214** — for information, call Staff Sgt. Christian Carawan, 385-9433, or Tech. Sgt. Mark Tempone, 594-2003.

**Cub Scout Pack 281** — 6:30 p.m. first, second and fourth Thursday of each month, Triangle Chapel Annex. For more information, call 1st Lt. Garon Shelton, 377-2046; Norma Cusane, 432-3160, or Chad Taylor, 594-0877.

**Dorm council** — 7 a.m. first Wednesday of each month, Live Oak dining facility. For more information, call 377-6158 or 6680.

**Hispanic Heritage Committee** — 3:30 p.m. Thursdays, Keesler Community Center. For more information, call Maria Ochoa, 377-2211, 388-2985 or 216-0569; Carlos Puig, 385-2985, or Dee McKaig, 432-1090.

**Hispanic Employment Committee** — 4 p.m. second Wednesday of each month, family child care building, Thrower Park. For more information, call Maria Ochoa, 377-2211, 388-3426 or 216-0569.

**Keesler Officers Spouses Club** — for more information, call Michelle Harper, 872-579; Amanda Letonoff, 432-8626, or Patty Stiles, 392-8582.

**Keesler Christian Home Educators Association** — 7-9 p.m., second Tuesday of each month, September through May, former chapel located at corner of H and 2nd streets. Open to all military home educators. For more information, call Vicky Walton, 436-6408, or e-mail chajanding@aol.com.

**Medical center officers spouses club** — for more information, call Stephanie Ritter, 374-2464, or Belinda Manuel, 432-7734.

**Multiples support group** — For more information, call Marty Cummings, 388-4595.

**Order of Daedalians** — 6:30 p.m. third Tuesday of each month, Daedalian Room, Keesler Club.

**Play group** — 9:30-11 a.m. Tuesdays, youth activities center, infants through 4 years. For more information, call 377-7006.

**Prayer warriors network** — 6 a.m. Mondays, Triangle Chapel.

**Protestant youth group** — 6:30-8:30 p.m. Sunday, 7-7:45 p.m. Tuesdays and 7-8 p.m. Wednesdays, Larcher Chapel. For more information, call Jeremy Allen, 377-2520.

**Retired Enlisted Association, Magnolia Chapter** — 7 p.m. second Thursday of each month, Magnolia Room, Keesler Community Center. For more information, call Larry McKean, 374-5922.

**Rising VI Association** — 3:15 p.m. third Wednesday of each month, Keesler Community Center. For more information, call Tech. Sgt. Anthony Thomas, 377-8628.

**Toastmasters** — noon Tuesdays, Keesler Community Center. For more information, call Capt. Ronnie Michael, 377-7395; or Michael Bayne, 872-9359.

**Top III Association** — 2 p.m. first working Friday of each month, Keesler Community Center. For more information, call Senior Master Sgt. Damian Orslen, 377-9464; Master Sgt. Stephen Marrotte, 377-2052; Senior Master Sgt. Marnice Anthony, 377-5752; Master Sgt. Rudolfo Frescas, 377-2142; or Master Sgt. Richard Phillips, 377-5249.

**Weight Watchers** — Thursdays, Keesler Community Center. Weigh-in starts at 5:15 p.m., meeting at 5:45. For more information, call Kristi Hamrick, 872-9059, or e-mail khhamrick@yahoo.com.

## MISCELLANEOUS

### Movies

**Editor's note:** Movies are shown at Welch Auditorium. Tickets are \$3 for adults and \$1.50 for children for regular features, and \$2.50 for adults and \$1 for children for matinees. For a recorded message about current features, call 377-6627.

**Today** — 7 p.m., Robots (PG).  
**Friday** — 7 p.m., Miss Congeniality 2 (PG-13).  
**Saturday** — 2 p.m., Robots (PG); 7 p.m. Guess Who (PG-13); 9:30 p.m., Hostage (R).  
**Sunday** — 2 p.m., Guess Who (PG-13).

### May weather outlook

May, the transition month from spring to summer, is one of the most pleasant months of the year at Keesler. Frontal passages are less frequent and there's less fog, stratus and precipitation than other spring months. When fog restricts flying operations, it's usually at or near sunrise. The number of days with thunderstorms increases slightly and most precipitation comes from rain or thunderstorms. The prevailing wind is southerly. Temperatures are warmer and nighttime temperatures rarely go below 50 degrees Fahrenheit.

<b>Extreme maximum temperature (F)</b>	97
<b>Mean daily maximum temperature (F)</b>	83
<b>Mean daily minimum temperature (F)</b>	69
<b>Extreme minimum temperature (F)</b>	48
<b>Mean relative humidity (percent)</b>	72
<b>Mean monthly precipitation (inches)</b>	4.72
<b>Mean number of days with precipitation</b>	8
<b>Mean number of days with thunderstorms</b>	7
<b>Maximum 24-hour rainfall (inches)</b>	10.02
<b>Percentage of observations with ceiling less than:</b>	
2,000 feet	7.6
1,000 feet	1.7
300 feet	0.0
<b>Percentage of observations with visibility less than:</b>	
6 miles	16.1
3 miles	1.6
1 mile	0.1
<b>Percentage of observations with wind:</b>	
0-3 knots	27.4
4-10 knots	64.6
11-21 knots	7.9
22 knots or greater	0.1

Base personnel can access radar and satellite data and a general forecast on the local area network in the public folders under 81 OSF Weather.